

GANNAWARRA GOES ORANGE

SAY 'NO' TO FAMILY VIOLENCE

24 Hour Helplines: 1800 RESPECT or 1800 737 732 or 000

Family violence can happen at home, by someone who lives with you, or someone who visits

Family violence or abuse is:



Hitting, kicking pushing



Not being allowed to use your own money



Shouting, swearing



Being made to do sexual acts you don't like



Breaking or throwing things



When you feel afraid



Not being able to see your own family or friends

Family Violence or abuse is **WRONG**

In an emergency call: 000

1800RESPECT- 1800 737 732 (24 hours)

The National Sexual Assault, Family & Domestic Violence Counselling Line for any Australian who has experienced, or is at risk of, family and domestic violence and/or sexual assault.

The Orange Door – 1800 290 943 (9-5pm Monday to Friday)

for people experiencing family violence, or who need assistance with the care and wellbeing of children and young people

Safe Steps- 1800 015 188 (24 hours)

for anyone in Victoria who is experiencing or afraid of family violence

Mensline Australia - 1300 789 978 (24 hours)

for men who have been hurt by family violence or want to change their behaviour

Deaf or hard of hearing or for assistive communications

TTY106 NRS 13 36 77 and ask for 000

