



## Meet Georgia

Carer Support Facilitator



Do you care for someone a little, or often?

We are here to connect with you!

Have a question or want to join? Call NDCH (03) 5451 0200 and speak with Georgia



### Kerang Community Health

24 Fitzroy St, Kerang  
Mon to Fri  
8.30am to 5.00pm  
Phone: 03 5451 0200

### Kerang Medical Clinic

34 Fitzroy St, Kerang  
Mon to Fri  
8.45am to 5.30pm  
Phone: 03 5452 1366

#### Find us online

-  @ndchvic
-  @ndchvic
-  info@ndch.org.au
-  www.ndch.org.au



NDCH welcomes people of any age, gender, sex, sexuality, culture, religion and ability.

We acknowledge that we are on Aboriginal land and pay our respect to Elders, past, present and emerging.



# Support for Carers



# Support for Carers Program

The Victorian Government provides funding for services to connect with and deliver supports to carers in their local areas.

Carers provide an invaluable role so it is important they are seen, heard and supported in their own life too.

NDCH aim to connect with local carers and tailor supports to suit them best, whether in their home or in their community. We would love to hear from you and assist you in easing your role as a carer.

## Is there a fee?

This is a free service.

## Who is eligible for this service?

Anyone who is an unpaid carer, of any age and an Australian resident is eligible for this service.

If you receive a carer allowance or pension, you can still access this service.

# NDCH Carer Respite Service

Northern District Community Health aim to connect with carers in all circumstances. Assisting those most isolated, reducing carer burn out and getting carers engaged in their own life is of great priority. NDCH provide support and respite in a range of ways. Respite particularly helps care for you so you can continue caring for someone else. The service can plan support that best suits your needs and the one you care for, and could include:

- In-home respite
- Overnight respite
- Carer counselling
- Attending a Carer Support Group to connect with other carers
- Education and resources
- Financial assistance with goods or equipment.

*No doctor referral needed.*

# Location of Service

The service is available to carers who live in the Buloke Shire, Gannawarra Shire, Loddon Shire & Swan Hill Shire. The person they care for may live outside these local government areas. If transport is an issue, we can come to you for a consultation.

# What makes someone a carer?

Carers can give support to a relative or friend who has a disability, mental health problem, medical condition, palliative or is frail due to age. Carers are often children, parents, partners, relatives or friends who look after someone who needs help or assistance in daily life. They may also care for people from a distance, every so often, for emotional support or things like checking in on a neighbour.

# How do I join?



Call NDCH (03) 5451 0200 and speak with Georgia - Support for Carers Program Facilitator.