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Merry Christmas!

It's been a big year for Northern District Community Health as we have expanded our services and reach across the Loddon Mallee. And while there have been changes, we bring the same commitment to providing quality and accessible care and support for rural families and communities.

Inside this edition, you'll find information about our new Community Care program that supports people to live independent at home and connected to family and friends; you'll see what our Health Promotion team have been up to as well as details about our opening hours over the Christmas period.

Thank you for your support throughout the year and, on behalf of the NDCH team, we wish you every happiness over the Christmas and New Year.



Penny Wilkinson
CEO





Christmas / New Year Opening Hours



There are some slight changes to our regular hours across the NDCH network over Christmas and New Year. Kerang Medical Clinic will be closed from Monday 23 December and reopen Monday 6 January.

See below details for all locations. See also page 13 for more details for the Kerang Medical Clinic.

Kerang	<p>23 Dec & 24 Dec: OPEN 8:30am to 5pm 25 Dec & 26 Dec: CLOSED 27 Dec to 31 Dec: OPEN from 9am to 4pm, CLOSED for lunch from 12pm to 1pm. 1 Jan: CLOSED 2 Jan & 3 Jan: OPEN from 9am to 4pm, CLOSED for lunch from 12pm to 1pm. 6 Jan onwards: Business as usual</p>
Cohuna	<p>23 Dec to 3 Jan: CLOSED</p>
Swan Hill	<p>6 Jan onwards: Business as usual</p>
Pyramid Hill	<p>23 Dec & 24 Dec: OPEN 9am to 10am and other times by appointment. 25 Dec & 26 Dec: CLOSED 27 Dec: OPEN 9am to 10am and other times by appointment. 30 Dec: CLOSED</p>
Quambatook	<p>31 Dec: OPEN 9am to 10am and other times by appointment. 1 Jan: CLOSED 2 Jan onwards: Business as usual</p>
Boort	<p>23 Dec & 24 Dec: OPEN by appointment. 25 Dec & 26 Dec: CLOSED 27 Dec 31 Dec: OPEN by appointment. 1 Jan: CLOSED 2 Jan onwards: Business as usual</p>

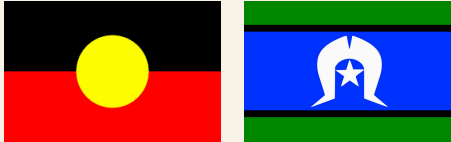
Stay safe over the Christmas period. Remember to be sun smart and see page 15 for some useful tips. You can find more details about where to go for help if you need medical assistance over the holiday season on page 13.



ACKNOWLEDGEMENT OF COUNTRY

NDCH acknowledges that our work occurs on the country of the Traditional Owners of the area, the people of Barapa Barapa, Wamba Wamba, Yorta Yorta and DjaDja Wurrung and acknowledge their ancestors who have been custodians of this land for thousands of years.

We acknowledge and pay our respects to their Elders, past, present and emerging, and through them, to all Aboriginal and Torres Strait Islander people.



LGBTIQA+ COMMUNITIES

NDCH proudly supports the LGBTIQA+ communities.



CHILD SAFE COMMITMENT STATEMENT

Northern District Community Health is committed to the safety and wellbeing of all children and young people and has zero tolerance for child abuse. We are committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. In particular, we pay attention to the cultural safety of Indigenous children and children from culturally and/or linguistically diverse backgrounds, children who identify as LGBTIQA+, as well as children with a disability. Every person involved at Northern District Community Health has a responsibility to understand the important and specific role they play individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do. See our [website](#) for our full Child Safe Commitment Statement.

Vision

Building healthy, inclusive and connected rural communities.

Purpose

To improve health and wellbeing and reduce rural health inequity by working across the social determinants of health.

Values

We trust, encourage and look out for each other.



We have the courage and agility to champion new ways.



We have an eye on shaping the future.



We can be counted on to deliver and do things well.



We listen.



We know diversity of people, experiences and perspectives make our work stronger



Introducing Our Community Care Program

Supporting independence across rural communities

NDCH services are here to help older residents stay safe, connected, and independent at home and in the community. We serve Gannawarra, Swan Hill, and surrounding areas, offering support to eligible residents who may need assistance with daily tasks, access to the community, or simply an extra hand with things they can't manage alone.

We'll work with you to make sure that our services meet your need and care plan. NDCH can bring to you a mix of personal support and allied health services to keep you well and connected to family and friends.

For more information

Please contact our Community Care Team on 03 4429 1900 to talk about what services will best suit your needs. We are here to support you every step of the way!



Rod Ewart
Community Care Manager



Medical Clinic
Nursing Team




Customer Engagement
Team member supporting a client



Afternoon Tea and a cuppa provided

Free and confidential support

Contact Georgia for more information and to RSVP

 **5451 0200**

MENTAL HEALTH

CARERS GROUP

Monthly gatherings for carers who support loved ones or friends with mental illness.

1st Monday of Every Month

1:30pm to 3:00pm

NDCH Community Health
24 Fitzroy Street, Kerang



NDCH welcomes people of any age, gender, sex, sexuality, culture, religion and ability.

We acknowledge that we are on Aboriginal land and pay our respect to Elders, past, present and emerging.

FREE SERVICE

Thank you to our volunteers!

Would you believe that we have 186 volunteers delivering meals and providing non-emergency transport support for people across Gannawarra! NDCH volunteers delivered over 18,000 meals and supported clients through over 200 trips to access health services and supports.

To our volunteers, NDCH is truly blessed and eternally grateful for your generosity and community spirit. Your contribution makes a difference. Thank you.



Laura Bremner
Volunteer Coordinator

Gannawarra Non-Emergency Transport Service (GNETS)

Our GNETS program provides transport to help you reach healthcare specialists in larger regional areas, powered by volunteer drivers. If you enjoy driving and want to make a difference in the community, consider becoming a volunteer GNETS driver!

Note: GNETS does not travel to appointments within the Melbourne Metropolitan area.

Property Maintenance Service Update

We are truly fortunate to have the amazing services of some local contractors to be able to provide our Property Maintenance Service to our clients within the Gannawarra and Swan Hill Shires.

The tasks that are able to be undertaken during your service include essential pruning, lawn mowing, edging and clearing of pathways that allow for safe access to entry & exit points to your home, car and clothesline.

Under the guidelines of the government, property maintenance services MUST directly relate to ensuring client safety, NOT maintaining a garden's visual appeal or aesthetic value.

Helpful Tips: Pack away garden hoses, tools, grandkids' toys, dog bones etc. Clean up ALL dog poop from the areas that are being mowed and edged. It makes the job that much more pleasant for our contractors. Service is UP TO 1 hour for 1 worker & UP TO 30 Minutes for 2 workers.

Please Note: Our contractors will NOT mow over or clean up animal poop.



Jan's Story

For nine years, Cohuna local Jan has been volunteering with NDCH's Meals on Wheels, delivering hot meals to clients across Kerang and Cohuna.

"Sometimes we are the only ones who might visit for the day or even the week as clients might not have relatives in town or anything. It's nice to see the faces brighten up for the time we are there." Jan said.

She also highlighted the importance of checking on clients' wellbeing. "The only problem when you're dropping off food is that clients often want to have a good chat."

"It is a lovely service for the town, and we are very lucky to have it here," Jan added.

NDCH Social Meals for 2025

January - June

NDCH's popular Social Meals program is a great way for people to socialise and enjoy a home-cooked two-course meal for just \$12.

Run by NDCH's Community Care Services team, the program is held once a month at Barook, Cohuna, Kerang, Lalbert, Lake Charm, Leitchville, Macorna, Murrabit and Quambatook.

Dates highlighted in yellow indicate a change of day due to a public holiday falling on the usual social meal day.

Bookings are required. For further details phone the NDCH Community Care directly on (03) 4429 1900.

Quambatook

Quambatook Bowling Club,
River St, Quambatook

Tues 7th January
Tues 4th February
Tues 4th March
Tues 1st April
Tues 6th May
Tues 3rd June

Lalbert

Lalbert Rec Reserve
Evelyn St, Lalbert

Tues 21st January
Tues 25th February
Tues 25th March
Tues 22nd April
Tues 27th May
Tues 24th June

Murrabit

Murrabit Hall
Danson St, Murrabit

Wed 29th January
Wed 26th February
Wed 26th March
Wed 30th April
Wed 28th May
Wed 25th June

Barook

Barook Seniors Citizens Hall
2 Station St, Koondrook

NO MEAL January
Fri 7th February
Fri 7th March
Fri 4th April
Fri 2nd May
Fri 6th June

Lake Charm

Lake Charm Hall
Hall Rd, Lake Charm

Tues 14th January
Tues 11th February
Tues 11th March
Tues 8th April
Tues 13th May
Tues 10th June

Cohuna

Cohuna Memorial Hall
21 King Edward St, Cohuna

Fri 17th January
Fri 21st February
Fri 21st March
Thurs 17th April
Fri 16th May
Fri 20th June

Kerang

Kerang Senior Citizens 169
Boundary St, Kerang

Thurs 23th January
Thurs 27th February
Thurs 27th March
Thurs 24th April
Thurs 22nd May
Thurs 26th June

Macorna

Macorna Recreation
Reserve, Macorna

Fri 24th January
Fri 28th February
Fri 28th March
Mon 28th April
Fri 23rd May
Fri 27th June

Leitchville

Leitchville Hall Hawken St,
Leitchville

Thurs 9th January
Thurs 13th February
Thurs 13th March
Thurs 10th April
Thurs 8th May
Thurs 12th June

Koondrook & Murrabit kids sing about life in Gannawarra

Here is something that will make you smile, School Focused Youth Service (SFYS) recently funded musician and Golden Guitar winner Josh Arnold to work with students from Koondrook Primary School and Murrabit Group School to write school songs. Over the course of the week Josh and the students wrote a song for each school that reflected the school values, location and student interests as well as recorded the song and footage for a video. Both schools have launched their final song and video in mid-November and the videos are accessible via Josh's Spotify account as well as his YouTube account.

SFYS is funded to support disengaged students to re-engage with school and the Singing for School Engagement project aimed to build school pride. Particular focus was given to their transition years and establishing and building on the sense of engagement with the school and community in that age cohort before transitioning to high school.

Students finished the week with Josh with a concert and performance of their song as well as listening to some of Josh's other works.



Scan the QR Codes to watch the music videos now!

Murrabit Group School



Koondrook Primary School



So much happening in Health Promotion

Health promotion is all about engaging with people, families and communities to support them to improve their own health. With partners across the Buloke, Loddon and Gannawarra region, our approach is more than focusing upon individual health; it's also about collaborating with communities to build healthy and inclusive ways to address social and environment issues.

The team have had a jam packed few months with exciting events celebrating:

Youth Fest:

- KTHS - Meet the Artists & Laser Tag with Live Music from Colour Court: Attendees enjoyed an afternoon of live music from Colour Court while engaging in friendly laser tag competition.
- Pyramid Hill - Inflatable Activities at the School Fete: Pyramid Hill School's fete was filled with inflatable activities that entertained people of all ages.

Amplify Awareness:

Held at the Big Cohuna Stockyard, Amplify Awareness was a powerful live music event dedicated to raising awareness for RUOK? Day and mental health. Performances by Elias Lanyon, Caitlin Holdcroft, One More Weekend, and Toli (Life of the Party) added a meaningful and entertaining atmosphere, highlighting the importance of mental health conversations.



Cohuna Comedy Gala:

The Big Cohuna Stockyard was transformed into a comedy hub with the Cohuna Comedy Gala. Guests enjoyed a night of laughter with top comedians Matt Stewart, Dave Warneke, Urvi Majumdar, and Kirsty Webeck.

Tarnagulla Colour Bash:

The **Tarnagulla Colour Bash** was a day of colour and fun in support of mental health. The event featured a lively colour run, live music from Elias Lanyon, and delicious wood-fired pizzas from Tiamo Twin Flames Pizza, making it a highlight for participants.

BLG Youth Awards 2024:

The **3rd Annual BLG Youth Awards** took place at the Rex Theatre in Charlton, celebrating the achievements of outstanding youth across the region. Awards were given in categories such as Leadership, Community Service, Art, Agriculture, Music, and more, with one winner per category. The event honored exceptional young people, including recipients of the Buloke Shire Youth of the Year, Loddon Shire Youth of the Year, and Gannawarra Shire Youth of the Year awards.

Walk Against Family Violence:

NDCH was very proud to partner with Gannawarra Shire Council to walk against family violence as part of the 16 Days of Activism to Prevent Gender-Based Violence global campaign. The photo to the right shows a sea of orange flowers - 212 in total. Each flower represents an incident of family violence in Gannawarra over the last 12 months. Together we can make a difference.

These events brought the community together, celebrated the unique achievements of our youth, and left lasting memories of talent, teamwork, and community pride.



Coming in 2025...



Summer Pool Movie Nights Are Back!

NDCH Freeza and Engage! are teaming up with local councils to bring back their Summer Pool Movie Nights this January! After last summer's success, we're excited to visit towns across the region, each hosting two movies and offering food and drinks for purchase.

Stay tuned to our social media for updates and make plans to join us for these fun-filled evenings by the pool. Don't miss out!

Tyipen Kwe Youth Adventure: Anglesea Camp 2025

This January, our Tyipen Kwe youth and their families are gearing up for an exciting Indigenous camp at Anglesea's Discovery Camp. The adventure will feature thrilling activities like the giant swing and archery, alongside a surfing lesson and a day of fun at Geelong Adventure Park!

Campers will also enjoy cultural walk through the local area and take in the stunning sights of Anglesea. Adding to the excitement, we're thrilled to welcome a special guest, 2024 Mr. Universe Jony Berry, who will join is to share his inspiring story and connect with our community.

Our Tyipen Kwe families can't wait for this incredible experience!



With heartfelt thanks and appreciation to our partners

NDCH would like to thank our incredible partners across the Buloke Loddon and Gannawarra regions. We do so much for communities working together.



Yaama!

We welcome the knowledge, ideas and experience of Community in the planning and design of an exciting new space for Mob at MDAS!

Bush Tucker Meeting Place

Imagine a space filled with Indigenous art, where you can stroll around and pick bush tucker feeds, sit and reflect, meet with others to yarn, connect with Country and Culture, bring Mob together for an event, dig your hands into the dirt and plant some plants - sounds pretty deadly right!



Every Wednesday 9.30-10.00am, at MDAS, we will hold a planning, feedback, and updates meet and greet.

Please come along, enjoy a cuppa with a bush tucker inspired snack, and yarn with us.

Other meet and greets will be arranged for different times and days, as the project moves along, to support all Community being able to be a part of this project.

If you would like to share your thoughts via email, or would like to be added to our email / sms updates list, I can be contacted on emma.holland@ndch.org.au.

Looking forward to meeting with you and working on this amazing project together! Gamba ngindu (thank you from my own language).



Australian Government



Northern District Community Health



MDAS

MALLEE DISTRICT ABORIGINAL SERVICES



LODDON MALLEE PUBLIC HEALTH UNIT



GANNAWARRA Shire Council

Community Recovery
Gannawarra



VICTORIA State Government

Supported by Gannawarra Shire Flood Recovery Funding through the Gannawarra Community Resilience Committee

NDCH Celebrates its AGM

27 November was a highlight for NDCH as we celebrated the year that was at our Annual General Meeting. We welcomed Professor Jane Mills, Dean of La Trobe Rural Health School as our special guest speaker. Jane is a champion of promoting opportunities for rural students to access tertiary pathways in medicine, nursing, dental and allied health as well as leading new ways to open up student placement opportunities in rural services and settings.

The AGM was a wonderful opportunity to welcome current and past members, our partners and our staff to celebrate our successes and we are grateful to everyone who contributed to a great day.

You can access our 2024 Annual Report and Financials on the NDCH website. You can also view the Live Stream of our AGM on Facebook by scanning the QR code.

NDCH 2024 AGM
Live Stream



left to right: Penny Wilkinson (NDCH CEO), Jane Mills (Dean of La Trobe Rural Health Schools), and Meghan Stewart (NDCH Board Chairperson)



Jane Mills (Dean of La Trobe Rural Health School) speaking at the NDCH AGM.

Let's Get Social!

Want to stay in the loop with everything happening at NDCH? Follow us on social media!

What you'll find:

- ♥ Inspiring stories from our community
- 👍 Sneak peeks behind the scenes
- ♥ Upcoming events and updates
- 👍 Tips for healthier, happier living

Join the conversation, share your thoughts, and be part of the NDCH journey!

Find us here:



[Facebook](#)



[Instagram](#)



[LinkedIn](#)



DOCTORS

Dr John Shokry
Dr Afolabi Ayeni
Dr Zoya Sadeghipour

NURSE PRACTITIONERS

Yvonne Fabry
Heather Spence

NURSES

Jen Brereton-Team leader
Shannon Laursen
Kristen Hipwell
Narelle Weekly
Sharee Edge
Rosi Bear
Jen Emonson
Marg Winship

ADMIN STAFF

Aliesha O'Neill (Practice
Coordinator)
Nicole Betson
Hilda Higgins
Leonie Garner
Taylah Clements (casual)

The NDCH Medical Clinic will be **CLOSED** from **Monday 23 December 2025** and will **reopen Monday 6 January 2025**.

If you have a **MEDICAL EMERGENCY**, please phone **000** and ask for an Ambulance.

If you require Prescription Medication or Medical Certificates, please try "Instant Scripts or "Doctor on Demand" online before attending a hospital.

Online or Telehealth is available through Victorian Virtual Emergency Department (www.vved.org.au) or Nurse-On-Call (1300 60 60 24),

For bookings call 03 5452 1366 or make an online appointment by visiting <https://www.ndch.org.au/gp-online-appointment.html>

LIFELINE

Anyone having a personal crisis
lifeline.org.au | 13 11 14

BEYOND BLUE

Anyone feeling anxious or depressed
beyondblue.org.au | 1300 22 46 36

HEAD TO HEALTH

Support from experienced mental health professionals
headtohelp.org.au | 1800 59 52 12

KIDS HELPLINE

Counselling for young people aged 5-25
kidshelpline.com.au | 1800 55 18 00

ORANGE DOOR

People experiencing family violence
orangedoor.vic.gov.au | LODDON: 1800 51 23 59 |
MALLEE: 1800 29 09 43

VICTORIAN HOUSING SUPPORT

Crisis housing support
1800 825 955

AFTER HOURS GP ADVICE & SUPPORT LINE

1800 022 222

NURSE ON CALL

Caring, professional health advice 24 hours a day
1300 60 60 24

MENSLINE

Men with emotional or relationship concerns
mensline.org.au | 1300 78 99 78

ALCOHOL & OTHER DRUGS INTAKE

For people needing help with alcohol & drug issues
www.acso.org.au/aod-mh-support | 1300 022 760

REGIONAL MENTAL HEALTH TRIAGE

Assessment service for people experiencing mental illness
1300 363 788

Clinic Services



- GP Consultations
- Health Assessments
- Nurse Practitioner Consultations
- ABI (Ankle-Brachial Index Test)
- Medicals
- Immunisations
- Travel Vaccines
- GP Management Plans
- GP Mental Health Plans
- Specialist Referrals
- Ear Wash
- Skin Check Biopsy & Excision
- Cryotherapy
- Diathermy
- Spirometry (Lung Function Test)
- 24 Hour BP Monitoring
- 24 Hour Heart Monitoring
- ECG (electrocardiogram)
- Hearing Aid Specialist
- Telehealth Services
- Cardiologist
- Pathology services onsite

Procedures have a practice fee. Call our Medical Receptionists for appointments or information: 5452 1366.

OUT OF HOURS EMERGENCIES

In the event of a medical emergency please ring 000. For urgent after hours care, please attend or call Kerang District Health on (03) 5450 9200. If you are seen by one of our Clinic Doctors at Hospital, please be aware that a \$50 co-payment will be charged.

PHONE CALLS

If you need to speak to a Doctor during business hours, your call will be returned at the Doctor's earliest convenience. Please be prepared to leave your contact details with the Medical Reception. If you have an abnormal test result you will be contacted by the Doctor or clinic staff.

COMPLAINTS

We welcome your suggestions, complaints and compliments. Complaints should be addressed to the CEO of NDCH. If you are unhappy with how we manage your complaint, you can contact the:
Health Complaints Commissioner
Phone: 1300 582 113
Level 26, 570 Bourke Street, MELBOURNE VIC 3001.

HOURS AND APPOINTMENTS

Monday to Friday: 8.30am - 5.00pm
Consultations are by appointment only
Double appointment times can be made by request.
Please let staff know if there are any specific needs.
We would appreciate early cancellations where possible to allow us to contact other patients we may have on a waiting list.



An Australian Government Initiative



Royal Australian College of General Practitioners

RACGP

Australian College of Rural & Remote Medicine
WORLD LEADERS IN RURAL PRACTICE



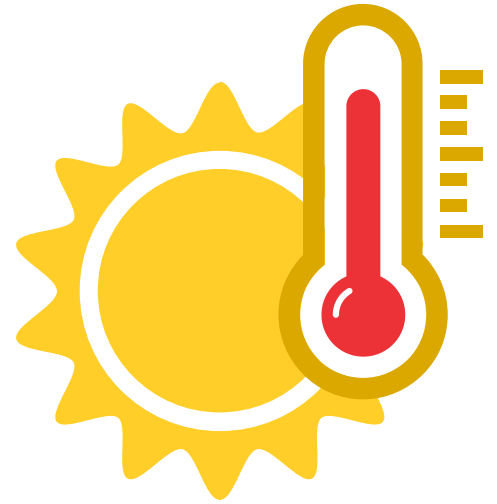
MURRAY CITY
COUNTRY COAST
GP TRAINING

Stay safe during extreme heat

Extreme heat can lead to serious health risks such as heat exhaustion, heatstroke, heart attacks, and worsened medical conditions like kidney or lung disease. It's crucial to protect yourself and others during these conditions.

For Clients and Community Care Staff

Community care staff work in clients' homes, making it essential to maintain a safe environment during extreme heat. To ensure safety and comfort turn on air conditioning when staff are attending to create a cool and healthy workspace for everyone.



Tips for Managing Extreme Heat:

- **Keep cool:** Use air conditioning or fans, wear light and loose-fitting clothing, and cool your skin with damp sponges, spray bottles, or showers.
- **Stay hydrated:** Drink water regularly, even if you're not thirsty, especially when outdoors or active.
- **Plan ahead:** Avoid outdoor activities during peak heat. Schedule tasks for cooler times of the day.
- **Check in with others:** Reach out to family, friends, or neighbours, especially those at higher risk, to ensure they're safe.
- **Stay Informed:** Monitor weather forecasts, heatwave warnings, and subscribe to Department of Health heat health alerts for updates.

Need help now? Here's some important links:

Visit the [Bureau of Meteorology's website](#) or download their app. Let's stay safe and healthy together.

Emergency Contacts for Extreme Heat

- Emergency Services (Police, Fire, Ambulance): Call 000
- Nurse-On-Call - For health advice: Call 1300 60 60 24

For more detailed information, visit the [Emergency Victoria website](#) or download their app for live updates.

Community Support Page

This edition we are supporting the amazing support that is delivered by the Rights Information and Advocacy Centre (RIAC). RIAC is a not-for-profit organisation that provides advocacy and support services dedicated to supporting individuals with disabilities, their families and carers. With offices located in Geelong, Bendigo, Mildura and Shepparton, you can find more about RTIA as their website at www.riac.com.au.



Rights Information
and Advocacy Centre

TIPS for Carers / Parents of Neurodiverse Children

Reducing the stress of going to the hairdresser

- Role play hair cuts at home and/or make a social story about haircuts so your child knows what to expect.
- Introduce the salon slowly. Take your child along to visit the salon and watch someone they know have a haircut.
- Book an appointment outside peak times.
- Speak to the hairdresser before the appointment and share suggestions on what will help your child feel comfortable.
- Mark the appointment on a visual calendar so your child is prepared.
- Talk positively about the upcoming appointment.

Tips for Successful Playdates

- Before arranging a playdate, practice playing together skills such as “my turn, your turn”.
- Choose a child your child is already familiar with. Talk with your child’s teacher about who in their class would be a good match.
- If you do not know the parents of the other child, reach out to them before the playdate. Share with them information you are comfortable sharing, such as your child’s likes, dislikes, challenges and strengths.
- Select a time for the playdate when your child is less likely to be hungry or tired. If the playdate is in the community, choose a time when the location is not busy and noisy.
- Prepare your child by adding the playdate to their visual schedule. Be upbeat when talking to them about the upcoming playdate

Carer Support Group

Connect with other parents and carers who understand the unique challenges of raising neurodiverse children. Come along to one of our Carer Support groups to learn more tips, share experiences, and enjoy a cuppa and a chat with others who have faced similar struggles.

Echuca Walking Group	Echuca Carer Self-Care Hub	Online Carer Support Group
When: 9.30am – 11am	When: 1pm – 2.30pm	When: 12 noon
2nd Wednesday each month	2nd Wednesday each month	3rd Monday each month
Where: Leslie Street Carpark	Where: Echuca-Murray CWA, 498 High Street, Echuca	To register: Contact Carolyn, 0488 605 363

For more information

Email: carers@riac.org.au

Phone: Carolyn - 0488 605 363

Contact Us

KERANG

Community Health

24 Fitzroy Street
Monday to Friday
8.30am to 5.00pm
Phone: 03 5451 0200
Email: info@ndch.org.au

Medical Clinic

34 Fitzroy Street
Monday to Friday
8.30am to 5.00pm
Phone: 03 5452 1366

COHUNA

25 King Edward Street
Monday to Friday
9.00am to 4.00pm
Closed 12:00pm to 1.00pm
Phone: 03 5451 0250

PYRAMID HILL

12 Victoria Street
Monday to Friday
9.00am to 10.00am
(other times by appointment)
Phone: 03 5455 7065

BOORT

119-121 Godfrey Street
Open by appointment only
Phone: 03 5451 0260

QUAMBATOOK

33 Mildred Street
Mon, Wed and Friday
9.00am to 10.00am
(other times by appointment)
Phone: 03 5457 1300

SWAN HILL

107 McCallum Street
Monday to Friday
9:00am to 4:00pm
Closed 12:00pm to 1:00pm
Phone: 03 5451 0200

We share professional spaces in Koondrook, Charlton, Sea Lake, Donald & Wycheproof too.



Northern District Community Health

HAVE YOUR SAY COMMUNITY SURVEY

At Northern District Community Health, we're dedicated to providing the best possible services to our community. Your feedback is essential in helping us understand what we're doing well and where we can improve. We have two surveys available:

Quick Survey (Less Than 2 Minutes):

Help us with a brief survey that will take just a couple of minutes of your time:



Detailed Survey (Approximately 5 Minutes):

For a more in-depth insight, please participate in our detailed survey, which takes approximately 5 minutes to complete:



Thank you for taking the time to share your thoughts and suggestions.

Thank you for reading.

www.ndch.org.au

NDCH acknowledges the support of the Victorian Government. NDCH is supported by funding from the Victorian Government under the HACC Program.

NDCH is supported by the Australian Government Department of Health.

*Although funding for this nursing and allied health service has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.



HEALTHY WORKPLACES Achievement Program

We're creating a healthier workplace

